

GLOBE COMMUNITY PROJECT

# ANNUAL REPORT & FINANCIAL STATEMENTS

Year ended: 30 April 2019



GLOBE  
COMMUNITY  
PROJECT

Globe Community Project.  
A company limited by guarantee.  
Charity no: 1104770 | Company no: 4992627

Globe Community Project  
St Margaret's House  
21 Old Ford Road  
Bethnal Green  
London  
E2 9PL

[gcp@globecommunityproject.org](mailto:gcp@globecommunityproject.org)



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## **Legal & administrative information**

### **Constitution**

Globe Community Project is a company limited by guarantee and a registered charity governed by its memorandum and articles of association.

Charity number: 1104770

Company number: 4992627

### **Directors and trustees**

The directors of the charitable company (“the charity”) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. The management committee is responsible for the day-to-day running of the Globe Community Project (GCP), and meets every three months. The trustees are all members of the management committee. There are also members of this committee who are not trustees, who have time and/or particular skills to offer and are interested in supporting the work of the project. These members may be co-opted onto the committee during the year and then stand for re-appointment at the AGM.

### **List of trustees and management committee members:**

#### **Trustees**

Sraddhapuspa (Susy Powlesland) – Chair and Secretary

Kate Halyer

Anne-Marie Irwin

Darsarvini (Eve Lear) (Resigned August 2019)

#### **Committee Members**

Marcella Man Hong Yuen

Stuart Cox

Tareshvari Robinson

#### **Registered Office**

St Margaret’s House, 21 Old Ford Road, London, E2 9PL

#### **Phone**

07419 586150

#### **Bankers**

The Co-operative Bank

PO Box 250 Delf House

Southway

Skelmersdale

WN8 6WT

## **Report of the trustees for the year ended 30 April 2019**

The trustees are pleased to present their report together with the financial statements of the charity for the year ended 30<sup>th</sup> April 2019.

### **Objects of the charity**

To promote the benefit of local people, by involving them in a common effort to enhance education, and to provide facilities in the interest of social welfare, recreation and leisure occupations, with the object of improving the quality of life for those in the local area.

To provide access to a wide range of cultural, educational, physical, social and artistic activities that will act as a vehicle and motivator to develop actual and transferable skills for all ages from childhood up.

To encourage the interaction of different age ranges and social and ethnic groups within the community through the medium of arts and other activities and to encourage the growth of the imagination, self-expression, clear communication and health and wellbeing of participants.

### **Review of activities**

It has been a year of renewal, development and growth for the GCP. Building on work undertaken during the previous fallow year, GCP has strengthened and consolidated its governing body and operational capacity; re-branded and launched a new website; raised funds to consolidate the core functions of the charity and developed new projects for the local community.

Key activities include:

- GCP held a Compassionate Action Event in June 2018 to generate interest and involvement in the GCP among the local Buddhist community and wider community. This event led to the development of a marathon runners fundraising initiative, and the development of new project ideas.
- GCP increased its internal operational capacity by recruiting an interim consultant to work for the charity one day per week. Esther Cann was recruited for a fixed-term six month period from October 2018 - end of April 2019 to drive the renewal and development of the charity.
- The consultant worked with website developer Red Ladder Studio and graphic designer Idoia Acha to develop a new website and branding for the GCP.
- GCP moved from its longstanding premises at Eastbourne House in June 2018. GCP was based at Jambala Bookshop on a temporary basis and then moved to permanent premises at St Margaret's House in April 2019.
- A member of the local Buddhist Community (sangha) organised a marathon runners fundraiser.
- GCP continued to deliver its Wellbeing for Elders project and piloted a new project: Take Back Your Life

### **Moving house**

The GCP is delighted to have new office premises at St Margaret's House. St Margaret's House promotes positive social change by creating opportunities for people to come together and play a more active part in their East London community in particular Tower Hamlets. The GCP looks forward to getting to know the other projects based at St Margaret's House and exploring collaborations.

### **The Wellbeing for Elders Project**

GCP continued to deliver Wellbeing for Elders courses at different venues in Tower Hamlets. The following courses were delivered:

- 7 Sept – 12 Oct 2018 at Toynbee Hall
- 1 March – 5 April 2019 at The Mission Practise

The 6-week wellbeing course for seniors aged 60+ was delivered by facilitator Karen Liebenguth in collaboration with Globe Community Project and the partner organisations. The project aimed to benefit 12 participants per course from the local area in Tower Hamlets, sourced by the partner organisations in consultation with the facilitator. We targeted participants from a range of backgrounds and those who were showing the effects of isolation such as sleeplessness, low energy, ill health and demoralization.

Each course recruited the target number of participants, although the retention rate varied for the courses depending upon participants' personal circumstances and external factors such as the weather. The diversity of the groups depended on the location of the courses and the reach of our partner organisations. The most diverse group was the group at Toynbee Hall which included Caribbean, Africa, Chinese, Bengali, Indian and White British participants. For each course, it was evident that participants who completed the course found it very beneficial. At the final sessions they shared how much they had enjoyed the course, particularly being able to talk, being listened to, to hear other people's stories and to make new friends. Our partner at the Sundial Centre reported back to us that the course had led to participants attending new social activities at the centre.

We are very grateful to Wakefield and Tetley trust for funding this project.

### **Take Back Your Life**

The GCP was approached by Tareshvari Robinson and Kalyanavaca Fowler about funding for a new community based pain management and mindfulness program they were developing: Take Back Your Life (TBYL).

TBYL is a simplified version of the multi-award-winning: Breathworks 'Mindfulness for Health' 8-week course, with added extra monthly modules. It aims to create a community of wellness, where groups of people can continue, over months and years, to heal, learn, grow and create. TBYL is suitable and inclusive of people with lower incomes and emerging English language and literacy. It is offered free of charge and gives participants tools, knowledge and skills to live well with chronic pain and/or health conditions.

Participants receive one-to-one sessions, a 5 week mindfulness course and monthly follow on sessions covering a range of health and wellbeing activities including creative activities, nutrition and an introduction to complementary therapies.

The GCP partnered with TBYL to apply for funding and received a grant from The Tower Hamlets High Street Department for a pilot which was delivered in February 2019.

The course successfully recruited 12 participants who all completed the full course. Participants were from a wide range of backgrounds including Bangladeshi, Caribbean, Tamil, Turkish, Kosovan and white British residents. Reported participant benefits include reduced pain symptoms, reduced dependency on medication and increased sense of social connection. Some have even spoken about feeling more able to go back to work. Watch this space!

We are looking to attract sustainable funding for TBYL in the next financial year.

### **Fundraising**

This year GCP actively fundraised to increase the capacity of the charity and to raise money towards projects. Following the Compassionate Action event in June 2018, a GCP supporter, Jane Wildigg, came forward and organised a sponsored half-marathon fundraising event. She recruited four other people from the local Buddhist community (sangha) and together they raised £2584 (plus £333 gift aid) in sponsorship for GCP.

#### **Marathon runners fundraiser**

*Last year I attended a meeting with GCP. I left feeling inspired and wanting to contribute in some way both financial and to raising the profile of GCP amongst sangha members. I noticed a 'yes' a sort of energy from within which I think I took from the meeting and especially contact with Sraddhapuspa. I heard about community places for the London big half marathon and I had the idea of raising some funds through getting a team together.*

*The call went out around the Sangha and that's how 5 of us (Steph, Prajnadevi, Renée, Bernadette and myself) came to form 'team GCP' and raise nearly £3000 through seeking sponsorship. Although we mostly trained by ourselves a few of us met up for some runs and apart from that we encouraged each other through contact via our WhatsApp group. We got a team fundraising website up and running with some help from the team at GCP and soon money and messages of support from family, friends and many in the sangha started to come in.*

*The 'big day' started wet and very windy but we all made it and we're pleased with our performances. We had some sangha supporters cheering us on and we got to meet up together at the end. It was a fun thing to do and really nice to know we were raising money for GCP.*

- Jane Wildigg

The GCP also received grant funding, detailed below in the Financial Review section.

## **Organisation**

Following the previous fallow year, the GCP has since resumed it's usual management committee meetings.

The board of trustees and the committee meets every three months to govern and administer the charity. Sub-committees and working parties that report to the trustees are set up as and when required.

Following the appointment of an interim consultant for six months from October 2018 - end of April 2019, GCP developed and recruited for a new one day per week role of Coordinator to undertake the day to day running and development of the charity. The Coordinator was recruited and appointed in April 2019.

Marecella Man Hong Yuen continued to manage the organisation's finances and accounts.

GCP's projects are delivered by project workers on a self-employed basis. Take Back Your Life is managed by Tareshvari Robinson. Rebecca Harvey was recruited to continue the delivery of the Wellbeing for Elders course.

## **Committee and volunteers**

Katherine Hayler was appointed as a trustee on 7th August 2018.

Tareshvari Robinson and Stuart Cox joined as committee members in January 2019.

We have continued to regularly revise our key policies as a committee and have developed new financial procedures this year.

## **Related parties**

The charity has a relationship with St Margaret's House, from whom we rent office space. The charity also has a relationship with Triratna Arts and Celia Campbell who share the office space.

## **Financial review**

GCP continued to receive standing orders from its regular supporters. It also received an increase in donations due to the generosity of one donor and additional unrestricted funds from the marathon runners fundraiser.

In relation to projects, GCP received a grant from Tower Hamlet's High Streets team to pilot Take Back Your Life, as detailed above. We are very grateful to The Wakefield and Tetley Trust for supporting the Wellbeing for Elders project (grant received the previous financial year) which enabled us to run three courses. We are also grateful to our individual donors for their generous contributions.

Other notable expenditures included ongoing administration and coordination costs and investment in branding and website development.

## **Investment powers**

Under the memorandum and articles of association, the charity has the power to make any investments, which the trustees see fit.



### **Reserves policy and risk management**

The GCP has a Risk Management Policy which includes the expectation that the Management Committee will review the year's financial risks at least once a year. The GCP has plans to set up a contingency savings account and the Treasurer, together with the Finance Worker, will aim to ensure that the contingency account is able to cover any financial risks that have been identified. The contingency fund can be accessed in any circumstances in which the expected unrestricted funds fall short of being able to meet the costs for the year.

### **Trustees' responsibilities in relation to the financial statements**

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume the charity will continue in business.

The trustees are responsible for maintaining proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Auditors**

As the charity's turnover is less than £100,000 and it is also a company limited by guarantee, the charity claims exemption from external audit and independent examination.

Signed



Susy Powlesland (Sraddhampuspa) – Chair – 21st January 2020

## Financial statement

	Unrestricted Funds 2018/19	Restricted Funds 2017/18	Restricted Funds 2017/18	Restricted Funds 2018/19	Total Restricted Funds 2018/19	Total 2018/19
<b>Beginning Balance</b>	<b>£3,788.94</b>	£7,220.00	£350.00		<b>£7,570.00</b>	<b>£11,358.94</b>
Funding Sources		Wakefield & Tetley follow-on grant	Anonymous Donation	London Borough of Tower Hamlets		
Project Name		Wellbeing for elders	Wellbeing for elders	Take Back Your Life		
<b>Funding</b>						
Grants for Projects		£-		£8,508.76	£8,508.76	£8,508.76
Unrestricted Grant for Project Admin	£425.44	£-				£425.44
Standing Order Donations	£6,911.06					£6,911.06
Staff Leaving Gift Contribution	£40.00					£40.00
Online Donations	£2,574.00					£2,574.00
Misc Income	£-					£-
HMRC Gift Aid	£726.94					£726.94
<b>Total Income</b>	<b>£10,677.44</b>	£-	£-	£8,508.76	<b>£8,508.76</b>	<b>£19,186.20</b>
<b>Expenditure</b>						
Project Expenditure - Senior Wellbeing Course	£787.50	£6,291.61			£6,291.61	£7,079.11
Project Expenditure - Take Back Your Life	£400.00			£5,596.39	£5,596.39	£5,996.39
Insurance	£784.00					£784.00
Depreciation	£-					£-
Equipment	£-					£-
Research & Development	£-					£-
Office Expenses	£38.30					£38.30
Office Administration	£5,439.96					£5,439.96
Online Transaction fee	£0.01					£0.01
Rent	£390.00					£390.00
<b>Total Expenditure</b>	<b>£7,839.77</b>	£6,291.61	£-	£5,596.39	<b>£11,888.00</b>	<b>£19,727.77</b>
Net Balance	£2,837.67	£(6,291.61)	£-	£2,912.37	£(3,379.24)	<b>£(541.57)</b>
<b>Ending Balance</b>	<b>£6,626.61</b>	£928.39	£350.00	£2,912.37	<b>£4,190.76</b>	<b>£10,817.37</b>

<b>Globe Community Project Balance Sheet ending 30 April 2019</b>	
<b>Fixed assets</b>	
Intangible assets	£ -
Tangible assets	£ -
<b>Total fixed assets</b>	<b>£ -</b>
<b>Current assets</b>	
Stocks	£ -
Debtors	£ -
Cash at bank	£10,817.37
<b>Total current assets</b>	<b>£10,817.37</b>
Creditors: amounts falling due within one year	£ (£4,190.76)
<b>Net current assets (liabilities)</b>	<b>£6,626.61</b>
Total assets less current liabilities	£6,626.61
Creditors: amounts falling due more than one year	£ -
Provision for liabilities	£ -
<b>Total net assets (liabilities)</b>	<b>£6,626.61</b>

Signed:



Susy Powlesland (Sraddhapuspa) – Chair – 21st January 2020



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